



ust 2025

Forest of Dean U3A Newsletter February 2026

Lunch Club: contact Jackie
Chapman 07735 032208 or sign up
at monthly meeting.

The Globe, Alvington

Wednesday 25 February 2026 12.30
for 1.00pm Menu £17

MAINS

Scampi & chips, served with chunky
chips and green peas;
Bangers & Mash, served with
creamy mashed potato, green peas,
and caramelised onion gravy;
Mediterranean pasta, cooked in a
rich basil tomato sauce, with garlic,
aubergine, courgette, red pepper
olives, and topped with vegan
cheese;
Grilled bacon chop served with a
free range Friday, chunky chips, and
peas:

DESSERTS

Chocolate Fudge Cake with pouring
cream;
Sticky Toffee Pudding with clotted
cream;
Lemon poster with raspberry sorbet;
Selection of Ice Creams (2 scoops)
strawberry, chocolate, vanilla, salted
caramel

Welcome to the February Newsletter!

I very much look forward to seeing you again after my long absence for our meeting at 2pm in Lydney Town Hall on Wednesday 18 February when Naomi Johns will give us a talk on “Uunderstanding Kestrels”.

Sadly the jazz group has once again closed. However in the past few months number of people have expressed interest in a German conversation class . I hope that there will be enough people to make a German conversation group viable – please let me know if you'd be interested.

Also here are details of the National Garden Scheme, with a couple of the places open for visitors. Berkeley Castle has also extended an invitation to our group with the possibility of a tailored guided tour - my thanks to Gill Badham for these details.

And I for one am very much looking forward to re-join the lunch club - details for this month and the next included in this newsletter.

See you next week!
Ken



The Cross, Aylburton

Wednesday 25 March 2026

12.30 for 1pm £16

MAIN

Chef's Beef lasagne with garlic ciabatta bread;
Wholetail Scampi with chips and peas;
Hunter's chicken with buttered new potatoes and coleslaw;
Grilled halloumi and sweet chilli salad.

DESSERT

Ice cream selection;
Apple crumble and custard;
Double chocolate brownie and ice cream;
Lemon meringue roulade and pouring cream

Gloucestershire Writers' Network Competition 2026

2 online workshops are scheduled for March and April this year - see link link for details <https://gloswriters.org.uk/>

National Garden Scheme

A flip page version of the National Garden Scheme County Booklet 2026 is available through this link:

[NGS Gloucestershire County Booklet 2026](#)

Trench Hill, Sheepscombe GL6 6TZ
Celia and Dave Hargrave, 01452 814306,
celia.hargrave@btconnect.com
Open 11– 4, Admission £5, children free. Home-made teas. Gluten free and dairy free usually available. Refreshments in aid of other charities chosen by hosts. Visits also by arrangement
16 February to 14 September for groups of up to 30.
Any group wishing to arrive on a coach must speak to the owners first.

Cotswold Farm, Duntisbourne Abbots, GL7 7JS

John and Sarah Birchall,
www.cotswoldfarmgardens.org.uk
Open: 11 – 3, Admission £7.50, children free. Light refreshments. Refreshments in aid of WI and A Rocha.

This beautiful Arts & Crafts garden overlooks a quiet valley on descending levels with terraces designed by Norman Jewson in the 1930s. Enclosed by Cotswold stone walls and yew hedges, the garden has year-long interest, including a snow drop collection of over 80 varieties.

Tea at the Castle?

Berkeley Castle have invited Forest of Dean U3A to a memorable and relaxing day out in one of England's most historic and beautiful Castles.

Berkeley Castle offers centuries of fascinating history to explore, along with stunning gardens that are perfect for a gentle stroll. After discovering the Castle's rich past, your members could enjoy a delicious cream tea, served in our charming Kitchen Garden Restaurant, located in our historic Walled Garden.

A schedule and guided tour to suit could be arranged. Please let one of the u3a **committee** know if you would be interested.