



Forest of Dean U3A Newsletter April 2026

Lunch Club: contact Jackie
Chapman 07735 032208

The New Inn, Viney Hill

Wednesday 22 April 2026

12.30 for 1pm £16

MAINS

Fish and chips;

Chicken curry with chips or rice
or half-and-half chips/rice;

Shepherd's Pie with vegetables;

Nut Roast with vegetables and
chips

DESSERTS

Apple Pie with custard

Fresh Fruit Salad

New York Cheesecake

Welcome to the April Newsletter!

I hope you have all enjoyed Easter - Holidays will continue as there will be no Monthly Meeting next week - our next Monthly meeting will be Wednesday 20 May. This means that if you want to book for the May 27th lunch at the Ugly Duckling - and it does look like an excellent menu - you will need to contact Jackie directly with your choices.

Details of speakers for our May, June, and August meetings are provided on the following page. In July we have our AGM. A copy of the new constitution, as discussed at the last AGM, will be mailed alongside this newsletter, so that it can formally be adopted as our new constitution in July.

Ron Vaughan thanked all who helped with the teas at Kurling on 13th March at Lydney Town Hall, where after a full round, the Blues beat the Reds 30 to 26. Next was the Championship and the winner was Trevor, runner up Paul Milner and third place, Ray. A break followed before the Knock Out was played. After five rounds, Pete won and Paul Milner was the runner up again.

Below are details of two gardens to visit in April and May - a good way to take advantage of the sunshine!
Ken

to attend this fascinating talk of follow-up



The Ugly Duckling, Lydney

Wednesday 27 May 2026

12.30 for 1pm £19

MAIN

Thyme roasted breast of chicken with herb mash and mixed mushroom velouté;

Slow roasted belly pork with crackling spears, braised red cabbage, apple sauce and cider gravy;

Provençale vegetable, basil and mozzarella tartlet with dressed rocket and picante tomato sauce;

Fillets of red mullet with Dauphinoise potatoes, marinated vegetables and oriental glaze;

(All main courses served with fresh vegetables and new potatoes)

DESSERT

Butterscotch sponge pudding, macerated raisins, butterscotch sauce and warm custard

Fresh fruit salad

Light Pavlova meringue with citrus cream, honeyed orange segments and lemon curd

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Freshly brewed coffee with homemade chocolate

Our Talks in May, June, and August

Wednesday 20 May: we welcome Jenny Mallin, author of “A Grandmother’s Legacy: a memoir of five generations who lived through the Raj” (winner of the “Best World Cookbook 2017” from the Gourmand World Cookbook Society) who will give us her talk:

“Partition and my British Raj family

In August 1947, two independent nations would be formed - India and Pakistan. Partition allowed for the establishment of two sovereign countries which could pursue their own political economic and social systems...a portrayal of how future generations of my family caught up in events in 1947, made different decisions, some chose to stay in India and got Indian citizenship, whilst others decided to make a new life in the United Kingdom or elsewhere in the British Commonwealth.” Jenny will deliver a fascinating insight into two families: her parents who emigrated to the UK in 1954. Records indicate that in 2025 there are still around 350,000-400,000 Anglo Indians still living in India.

Wednesday June 17: Ashley Jones will talk to us about the Nobel Prize and its laureates. This talk explains why Alfred Nobel established the award, how individuals and groups are selected for the honour and considers some of the more well-known and celebrated Nobel Laureates.

Wednesday August 19: Mark Wardle will take us on a tour of New Patagonia, from Buenos Aires to Chile’s Torres del Paine National Park, exploring its wildlife and landscape including the glaciers, mountains, and diverse bird population.

National Garden Scheme April/May

Friday 17th
Sudeley Castle Gardens
Winchcombe, GL54 5JD.

Open: 10-3. Admission £10, children £5. Light refreshments at The Pavilion. Admission is for the garden only.

Queen Katherine Parr, the last and surviving wife of King Henry VIII – lived and died in the castle. A circular route around the gardens is wheelchair accessible although some visitors may require assistance from their companion.

Pop-Up Opening not in the county booklet: Lydney Park Garden. Wednesday 20 May

Lydney, GL15 6BU
Open: 10 – 5 pm. Admission £7.50

Lydney Park Garden returns to opening for the National Garden Scheme after a break of several years. There is a new entrance to the garden and a new enlarged bank of

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