



Forest of Dean U3A Newsletter June 2026

**Lunch Club:contact
Jackie Chapman
07735032208**

**The White Hart Inn,
Cinderford**

**Wednesday 24 June
12.30 for 1pm £18**

MAINS

**Ham, Eggs, Peas and
Chips;**

**Home-made Lasagne,
Chips, Garlic Bread,
and side salad;**

**Home-made Chilli,
Mexical Rice;**

**Scampi, Peas, and
Chips;**

**Beetroot & Butternut
Squash Wellington
(vegan);**

DESSERTS

Chocolate Fudge Cake;

Victoria Aponge;

Fruit Salad (vegan);

Sticky Toffee

Pudding(gluten free);

Apple Crumble

Welcome to the June newsletter!

In last month's newsletter I asked if there was any interest in Forest of Dean u3a members joining Chepstow groups. Chepstow u3a have offered two options. If our members want to participate regularly in Natural History/Bird Watching outings they would need to join Chepstow u3a (£8.50 a year). Before that members could join one or two trips just to see what Chepstow do first. Alternatively Forest of Dean u3a could set up its own Natural History Group and undertake joint activities with Chepstow from time to time.

Our speaker on Wednesday 17 June at 2pm in Lydney Town Hall will be Ashley Jones who will talk to us about the Nobel Prize and some celebrated Nobel Laureates.

Details of gardens to visit in June are below. Ruth Chivers, whom some may remember from last year, writes that "June holds the promise of garden visits in warm sunshine". I hope it's not raining when you read this!

Ken



The Fountain Inn, Parkend

22 July 2022 £16

MAINS

Pan-fried chicken in a creamy leek and mushroom white wine sauce, served with new potatoes or chips and peas;

Thick-cut ham, two eggs, chips and peas;

Chef's Thai Red Curry served with rice (gluten-free and vegan).

DESSERTS

Profiteroles, served with Belgian chocolate sauce and ice cream;

Home-made apple crumble with custard or ice-cream;

Fresh Fruit Salad.



National Garden Scheme in Gloucestershire, June 2026

This June, garden visitors can take their pick of over thirty gardens opening for the National Garden Scheme in Gloucestershire – two examples below'

Monday 15th June: Badminton House, Badminton, GL9 1DB

Pre-booking essential, please visit www.ngs.org.uk for information & booking.

Open: 11 – 4 pm. Admission £10, children free. Light refreshments in the Old Kitchen. Picnics are welcome. Last entry 3pm. We regret no dogs are allowed in the private gardens, with the exception of assistance dogs. The majority of the gardens are accessible to wheelchairs. Accessible WCs.

Explore the private gardens of the historic Badminton House from the formal beds to the South Garden with its water squares, hedges, beds and borders.

Glorious displays of roses and borders of summer colours are combined with herbaceous perennials. The Walled Garden is home to the kitchen garden, providing fruit, vegetables and cut flowers for much of the year. The greenhouse is used for propagation and houses a fine display of pelargoniums. A limited number of tickets have been made available for this special opening by kind permission of the owners, the Duke and Duchess of Beaufort.

Sunday 28th June

GROUP OPENING: Churchdown Gardens: Churchdown, Gloucester, GL3 2HP

Open: 12 – 5 pm. Combined admission £6, children free. Card payments at Melville Rd & 2 Chapel Hay Close.

2 Chapel Hay Close
Duart House
5 Far Sandfield
86 Melville Road

Four village gardens in Churchdown, each with its own very distinctive style and brimming with ideas to inspire and delight: Chapel Hay is a plantswoman's garden with year-round interest created within the last 4 yrs. Featuring perennials, shrubs, trees, climbers, gravel area and water features. Duart House occupies 1/3 acre with a beautiful kitchen garden, conservatory, succulents, shrubs perennials, roses and pond. Far Sandfield is a small garden featuring scented plants and a wall fountain. 86 Melville Road is a suburban garden featuring vine covered pergola, trees, ferns, grasses, perennials and Art Studio.

Click [here](#) for all Gloucestershire gardens open in June.