



Forest of Dean U3A Newsletter July 2026

Lunch Club: contact: Jackie
Chapman 07735 032208 or
sign up at monthly meeting
The Fountain Inn Parkend

22 July 2026 12.30 for 1 £16

MAINS

Pan-fried chicken in a creamy
leek and mushroom white
wine sauce, served with new
potatoes or chips and peas;

Thick-cut ham, two eggs,
chips and peas;

Chefs Thai Red curry served
with rice (gluten-free and
vegan).

DESSERTS

Profiteroles, salad with Belgian
chocolate sauce and ice
cream;

Home-made apple crumble
with custard or ice cream;

Fresh fruit salad.

Welcome to the July newsletter!

This month we hold our AGM on Wednesday 15 July at 2pm in Lydney Town Hall, where there will be a presentation by Forest Talk from Jon Beales on the work they do for the visually impaired in our community. There will also be the increasingly popular raffle, and the usual tea, coffee and biscuits after the meeting. One subject where I would be interested in hearing your views is a motion proposed for the national U3A AGM on Wednesday 14 October, to determine what role U3A should play in activism and campaigning on issues affecting older people. My own view is that U3A is not a political organisation and that moving it in any political direction would antagonise or alienate a percentage of the membership who were not sympathetic to that particular political direction. I also think such engagement would endanger the charitable status of U3A.

Ken



The White Hart, Broadoak
26 August 2026 12.30 for 1 £16

- MAINS**
- Breaded Scampi, fries and peas;
 - Beef lasagne, garlic bread and salad;
 - Grilled halloumi with olives and French dressing;
 - Chicken Stack with barbecue sauce and melted cheddar, fries and coleslaw.
- DESSERTS**
- Three scoops of ice cream;
 - Profiteroles and chocolate sauce;
 - Lemon meringue and cream.

Kurling Report

In a report of a recent Kurling meeting, Ron Vaughan wrote:

“The Kurling started with Blues v Reds, and after 2 rounds the Blues won 24 to 12.

Next the Championship was played: in the first game Ann Vaughan was first and Ron Vaughan second, with Avery Morgan third. In the second game Ray came first, Diane second, and Ann third. A break was taken before we started the knock-out phase and after 5 rounds Avery and Trevor played in the final. The two over-nineties had a good game with Avery running out the winner.

Thanks to all who helped and hope to see you all next month.”

Skittles Report from Paul Milner

“At the skittles meeting in June there were only 16 members in attendance due to many being away on holidays etc. Our next skittles is on Friday 26th July (12.30 for 1pm), menu options below - please make your booking before Tuesday 14th July.

- A Faggots and Mash.
- B. Chicken casserole and veg
- C. Fish & chips

Veggie options available: nut roast; lasagne tart.”

Reports from other groups are always welcome, as they enable other members to discover new activities and increase membership of our groups, so that everyone can take advantage of the opportunities available through our U3A.

Wednesday 19th August

Our speaker in August will be Mark Wardle, who will take us on a tour of New Patagonia from Buenos Aires to Chile’s Torres del Paine National Park exploring its wildlife and landscapes

Details of the September speaker will be provided in the August newsletter. Our speaker in October will be Geoff Henderson, who will be talking to us about the First Ladies of the USA. I have not seen many references to them in the Fourth of July celebrations this weekend.

