



Forest of Dean U3A Newsletter August 2026

Lunch Club - contact Jackie Chapman 07735032208 or sign up at the monthly meeting.

The White Hart, Broadoak
Wednesday August 26
12.30 for 1 £16

MAINS

Breaded scampi, fries and peas;
Beef lasagne, garlic bread and salad;
Grilled halloumi with olives and French dressing;
Chicken stack with barbecue sauce and melted cheddar, fries and coleslaw.

DESSERTS

Three scoops of ice cream;
Profiteroles and chocolate sauce;
Lemon meringue and cream.

Welcome to the August Newsletter!

As we leave behind the hottest and driest July on record, our monthly meeting on Wednesday 19 August takes us to a different climate, that of New Patagonia, as Mark Wardle gives us a tour from Buenos Aires to Chile's Torres del Paine National Park, exploring the diverse wildlife and landscapes. More news on the September speaker next week.

I was very pleased to welcome Sandra and Peter Brown to our committee last month and look forward to working with them over the coming year.

There are a number of online talks on subjects of possible interest to members in August and September, including Scottish colourists, NASA's early days, and Drones - details on following page.

See you at 2pm on Wednesday 19 August for Mark Wardle's talk in Lydney Town Hall,

Ken



The Rising Sun, Moseley Green (photo at top of newsletter)

Wednesday 23 September

12.30 for 1 £14

MAINS

Ham, egg, and chips;

Scampi, chips, and peas;

Sausage, mash, and peas;

Nut Roast.

DESSERTS

Ice Cream Sundae (vanilla, chocolate, or strawberry)

Cheesecake with ice cream or cream;

Apple pie and custard or ice cream'



Skittles Report from Paul Milner

10 August 2026

On Friday 17th July we had 22 members attending. We had a very enjoyable lunch and then played our skittles. The final was between Avery Morgan and Peter Brown, the winner being our 90+ year old Avery. Well done Avery!

Our next lunch, followed by skittles, will take place on Friday 21st August at the Upper Bilson Inn in Cinderford (12:30 for 13:00hrs).

The following lunch options are available:

A) Chicken Pie with chips/potatoes or 50/50

B) Shepherd's Pie with veg

C) Ham, egg, and chips

Also vegetarian options available at the chef discretion.

New members welcome but must place their orders by Monday 17th August.

Please contact Sandra Brown for meal options or any changes on 01594 528473 or mobile 07400577485

u3a Online Talks in August and September

A selection of talks available via Zoom is provided below:

Thursday 20 August at 2pm - Scottish Colourists on Iona - how light and colour inspired the work of Scottish artists.

Tuesday 1st September at 10am - reaching for the stars – NASA's early days. How NASA's early years led to the space race and the moon landings.

Thursday 17th September at 10am - "The Titanic sails at Dawn" - Punk in the 1970s - the origins, growth, and legacy of punk in the UK in the 1970s.

Details of how to book on Zoom for these free talks, and others, including a further discussion on Drones, are available at <https://www.u3a.org.uk/what-we-do/events/educational-events>

Heritage Week in the Forest of Dean (11-20 September)

Highlights include:

Lydney Skiff Rowing (16 Sep); Gunns Mill Open Day (19 Sep); and talks on Forest of Dean pubs.

For more details of Heritage events in the Forest, see link below: <https://www.heritageopendays.org.uk/whats-on/printable-area-lists/forest-of-dean.html>